## **CENTRAL NORTH PCN SOCIAL PRESCRIBING SERVICE**



We can link or connect you with services and activities within your community to improve your holistic health and wellbeing (social, economic and mental wellbeing). We can help and empower you to make positive changes in your life. Doctors and other health professionals can also book patient appointments through the social prescribing extended platform. Due to COVID-19, we are contacting patients only via the telephone method and no face to face appointments are available for the interim period.

## How to contact us

If you think you would benefit from the social prescribing service, you can contact us by calling the practice reception team on **0113 393 0119**. We are called the wellbeing coordinators (WBCs) and are based in your GP practice.

To introduce ourselves, we are: Bobita Begum Holly O'Callaghan Shahla Hussain Aparajita Das