

Social Prescribing Service

Social Prescribing is a new service which supports people to access a range of non-clinical support and activities in your local area.

Social Prescribers/Well-being Co-ordinators can help you with social, emotional or practical needs and connecting you with appropriate services and agencies as necessary.

Your GP Surgery is part of a group of GP Practices and we have a caring, friendly and experienced team of Social Prescribers/Well-being Co-ordinators ready to help and support you.

Please speak to a Receptionist, Nurse or your GP to access our service.

- Anyone aged 16+ can access the service
- We offer an initial telephone appointment to assess your needs
- Signposting or referrals to various local services and agencies
- Follow up telephone support for up to maximum of 3 months
- Offer to join our Virtual Coffee Mornings



Coronavirus support: If the coronavirus pandemic has left you feeling anxious, lonely or has impacted your lifestyle, health and well-being, please ask to speak to a Social Prescriber.

Please note: we are not a counselling or crisis support service, however, we can refer or signpost you to the relevant services.